

## ***Graduation Preparation***

What is your name? \_\_\_\_\_

**Belt tests are milestones in your growth on the To-Shin path. Consider...**

**1. When doing your ninja moves, what kind of ninja are you? (*Pick one*)**

- Power ninja: My whole heart and spirit goes into every move
- Smart ninja: I know exactly what I'm doing and why I'm doing it
- Artist ninja: My moves tell who I am, and my voice is loud and clear
- Magic ninja: I make it all look easy
- Super ninja: I just rock all around, all the time

**2. How do you prepare for your ninja training? (*Pick many*)**

- I make sure I'm awake and energized, ready to train!
- I organize my ninja gear and ensure I have everything I need
- I think about what I want out of training and get my questions ready
- I study the books and review my moves so I'll be ready to perform
- I leave for class with plenty of travel time so I can transition well

**3. What are your benefits during this belt of ninja training? (*Pick many*)**

- My body is healthier and I can use it more easily
- I've learned helpful secrets about how the world works
- I feel supported by a group of ninja friends who care about me
- I can do things that I never imagined were possible!
- I see things differently now, from the point of view of a ninja

**4. Want a DVD of your awesome performance (\$10)?**

- Yes, totally! I will cherish it for years to come
- Yes, studying my performance will be a great learning opportunity
- No, thanks. I try to practice invisibility on videos

**5. How shall we deal with the belt fee (\$35) and optional DVD fee?**

- Please charge it to my credit card on file
- I'll pay for it when I return this form
- We have a special arrangement

My signature looks like this: \_\_\_\_\_

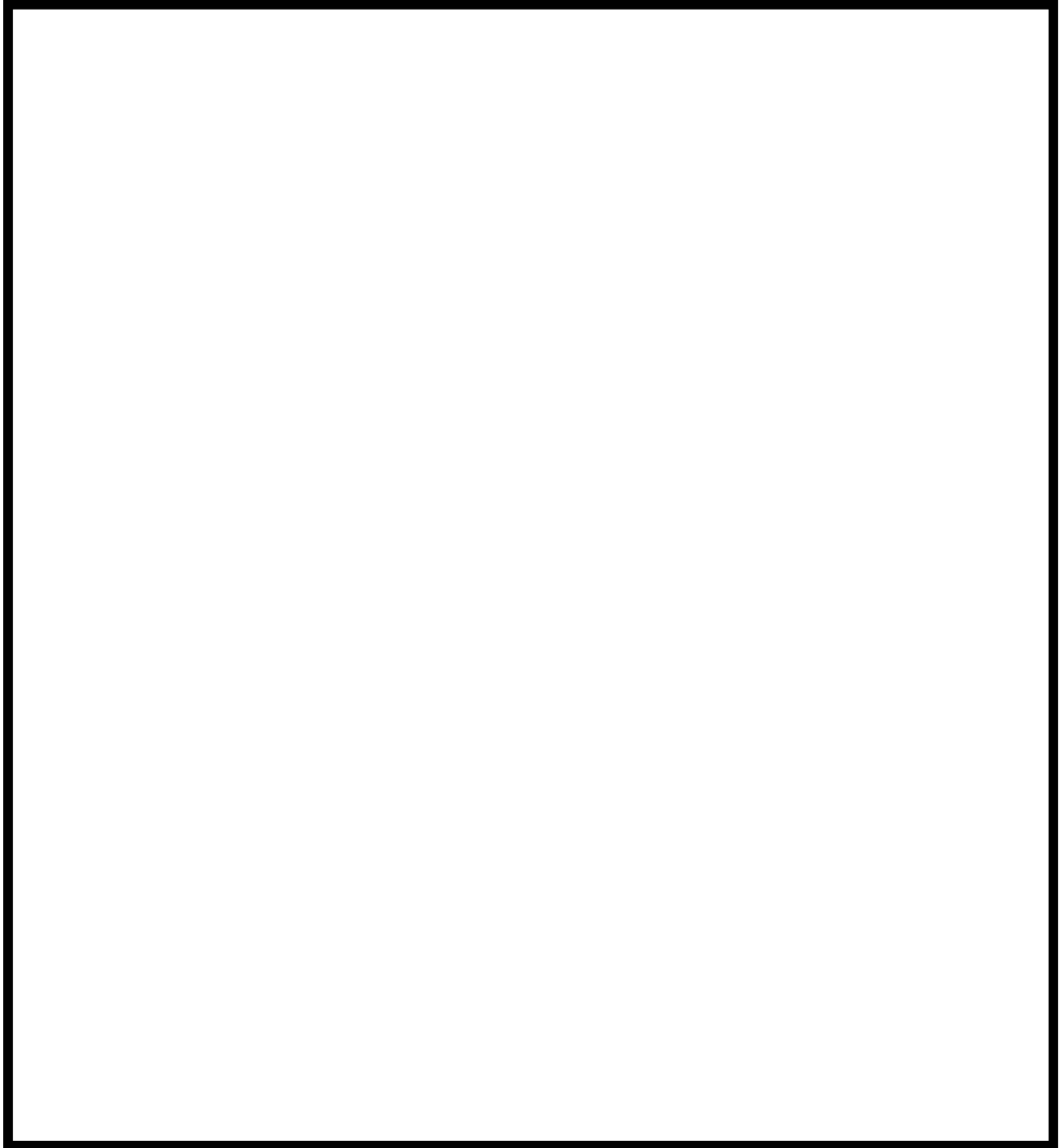
I'm pretty sure today's date is: \_\_\_\_\_

The date of the test is: \_\_\_\_\_

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## *Extra Credit*

For extra credit, tell us about a book you read, a movie you saw, or an experience you had that relates to your To-Shin Do training. What was it? What did it mean to you? You can write an essay, compose a poem, or even draw a picture to share with us how your training is reflected outside of the dojo.

A large, empty rectangular box with a thick black border, intended for students to write an essay, compose a poem, or draw a picture related to their To-Shin Do training.